

Schools Health & Wellbeing Service's

WELLBEING WINNERS!

Does your school have a 'Wellbeing Winner' you're proud of and think everyone should know?!

Who Can Nominate?

- Open to pupils, parents/carers, teaching Staff, and members of your schooling community, you have the opportunity to nominate a 'Wellbeing Winner' from your school each half term.
- Staff can nominate pupils, pupils can nominate staff, parents can nominate members of the community or staff etc.
- The only thing we ask is that parents should not nominate their own children.

Categories?

Wellbeing Winner's can be nominated in relation to one of the following areas of Health and Wellbeing:

- Physical Activity.
- Healthy Eating.
- PSHE.
- Emotional Health & Wellbeing.
- Other / General Health & Wellbeing.



How Does It Work?

- Each half term we will select up to 1 pupil, 1 parent / carer / member of the community and 1 member of staff from all nominations received as our wellbeing winners for that half term!
- The winner will receive a certificate, an individual or school prize, they will be featured in our termly newsletter and will receive a shout out on our Health & Wellbeing social media & website.

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Guidance Document

- 1** Complete the WELLBEING WINNERS nomination form for the person that you would like to nominate. You can submit either the word document nomination form, or complete the online MS Form.
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- 2** Submit your nomination form to us at:
cwlschoolshealthandwellbeing@gateshead.gov.uk before the associated deadlines for your wellbeing winner to be in the shortlist for that half term. Each deadline will be provided at the beginning of that half term.
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- 3** If your nominee is selected by the Schools Health & Wellbeing Service team as the OVERALL wellbeing winner for that half term, they will be asked to complete a consent form before any individual details are shared / published, or prizes delivered.
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- 4** Once we have received their completed consent form your Wellbeing Winner will be put into the spotlight in our termly newsletter and we'll share their success on our Schools Health & Wellbeing website & social media pages. They'll also receive a Wellbeing Winner certificate & prize!
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- 5** If your nominee is not selected as the Wellbeing Winner for that half term, don't let that stop you celebrating within your school! We've created a range of resources to help you create your very own Wellbeing Winner school noticeboard and give your superstar the recognition they deserve! You can find the Wellbeing Winners 'In School Resource Pack' by [CLICKING HERE!](#)

ALSO! If you submit a Wellbeing Winner and they are unsuccessful, you can submit them again in the next half term!